**Report on National Sports Day**

**Date of activity:** 29.08.2023

**Venue:** Nurture International School campus

**Participants:** Preprimary to Grade 10

Nurture International School celebrated National Sports Day on August 29th,2023 commemorating the birth anniversary of Hockey legend, Major Dhyan Chand, who is regarded as the greatest hockey player of all time.This day serves as a catalyst for the development of a robust sports culture in our country. It emphasizes the importance of regular exercise and a healthy lifestyle and brings people together regardless of their background, language and beliefs.

The theme for this year's National Sports Day celebration is "Sports are an enabler to an inclusive and fit society". Nurturites were engaged in various sports activities on occasion of National Sports Day with Preprimary students and students of Grades 1-4 participating in athletics, students of Grades 5, 6 in engaged in indigenous sports such as Kho-Kho and Kabaddi, students of Grade 7 were engaged in football, students of Grade 8 were engaged in basketball, students of Grades 9,10 were engaged in athletics, badminton and football. Winners were awarded with prizes. The participants analyzed the importance of participation and sportsmanship.

